

YMCA Kids Half Marathon Mileage Log

Name: _____

Age: _____

Dates	Distance for the Week
Week 1 – Aug 20-26	
Week 2 – Aug 27–Sept 2	
Week 3 – Sept 3-9	
Week 4 – Sept 10-16	
Week 5 – Sept 17-23	
Week 6 – Sept 24-28	
Total on Race Day	

Please bring your completed log to the starting line on Friday, September 29th. We will begin check in at 5pm and warm up before beginning at 6pm. Participants will be grouped by age and begin with the oldest going first.

7th and 8th grade – 6:00

5th and 6th grade – 6:01

3rd and 4th grade – 6:02

K, 1st and 2nd grade – 6:03

Start/Finish line will be at the

Ford Center

1 Martin Luther King Jr Blvd