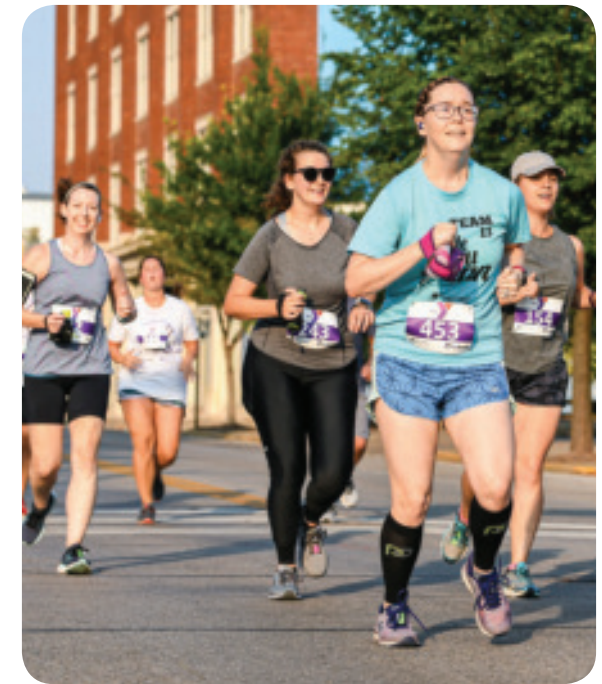


The impact of each race entry gives the YMCA an opportunity to change a life.

1 in 7 children in the US fight hunger. At our CenterPoint Energy YMCA, Grandin Pointe community, and through various outreach programs, the YMCA provides meals and food to youth and families fighting for food insecurity. While distributing food to families, we also include age-appropriate educational materials to help feed the children's minds. Providing resources is more important than ever to prevent learning loss among disadvantage youth. The impact of your race entry, helps the continuation of these community programs, and youth and families in need.



YMCA 5K & 10K AUGUST 6, 2022 7:00 AM

Sponsored by:



www.evansvillehalfmarathon.org



Presented By



German American Bank
Banking | Insurance | Investments

YMCA OF SOUTHWESTERN INDIANA
516 Court Street
Evansville, Indiana 47708
www.ymcaswin.org

YMCA 5K & 10K:

The YMCA 5K & 10K, Saturday, August 6, is sponsored by Tri-State Orthopaedic & Pro Rehab and is the first event leading up to the Evansville Half Marathon. For more information on the Half Marathon and warm-up runs, go to www.evansvillehalfmarathon.org/warm-up-runs.

Course:

The YMCA 5K & 10K will begin across from the YMCA parking lot and go west on Court Street to Riverside Drive. Left on Riverside Drive to Waterworks Road. The 10K will travel out and back on Veterans Memorial Parkway. Both will loop back on the opposite side of Riverside Drive. Right on Main Street, left on Third Street, right on Sycamore Street, left on North Main Street to a sharp left turn onto Vine Street. Follow Vine back to finish at the YMCA. The courses will be monitored by volunteers for the safety of all participants.

Entry Fee:

The YMCA 5K & 10K registration fee is \$20 before July 31, and \$25 on August 1.

Race day registrations will be accepted from 5:00 to 6:00 am on August 6, at the Downtown YMCA. Entry fee is not tax-deductible and is non-refundable. All proceeds benefit YMCA Youth & Family programming in our community.

Packet Pickup:

Runners and walkers may pick up their race packets at the Old Downtown YMCA, located at 222 NW 6th St, Evansville, IN 47708 on Friday, August 5, from 10:00 am to 6:00 pm. Packets may be picked up on race day at the Old Downtown YMCA from 5:30 am to 6:30 am.

Awards:

First Place trophies will be awarded to the overall male and female runners, overall male and female walkers and wheelchair event winners.

Register now to be eligible for the Series Medal.

5k/10k on August 6

15k on September 10

Evansville Half Marathon on October 1

Our Mission: The YMCA of Southwestern Indiana, Inc., following the example of Jesus Christ, responds to community needs by serving all people, especially youth, through relationships and activities that promote healthy spirit, mind, and body.

Age group trophies will be awarded to the top three participants in the following male and female age groups after taking out overall winners. All fully paid participants will receive a commemorative shirt.

9 & under	25-29	45-49	65-69
10-14	30-34	50-54	70-74
15-19	35-39	55-59	75-79
20-24	40-44	60-64	80 & over

Walking awards will be given to the top four male and female walkers. Trophies can be claimed at the finish as age groups fill.

Results & Timing:

The entire field will be chip timed. Race results will be available online immediately following the event. Participants will receive results via email if an email address is provided on your entry form.

Indiana State Games is a not-for-profit that hosts multi-sport competitions for active adults over the age of 50. Gold, Silver and Bronze medals are awarded to the top three finishers.

As the qualifying site for the entire State of Indiana, the top winners in this event also advance to the National Senior Games competition. This year the YMCA 10k will be used as the qualifying event for the National Games.



Sponsors:



YMCA 5K, 10K or HALF MARATHON plus WARM-UP RUNS OFFICIAL ENTRY FORM

Deadline: All mailed entries must be received no later than August 3. Entries will be accepted through August 6.

Make check payable to: YMCA of Southwestern Indiana

- Event entering**
- YMCA 5K only: \$20 until July 31
 - YMCA 5K only: \$25 after July 31
 - YMCA 10K only: \$20 until July 31
 - YMCA 10K only: \$25 after July 31
 - Male
 - Female
 - T-Shirt Size
 - S
 - M
 - L
 - XL
 - XXL
 - shirt size not guaranteed
 - I would like to race as a
 - Runner
 - Walker
 - Wheelchair
 - Short Series 5K, 15K, Half: \$95 until July 31
 - Long Series 10K, 15K, Half: \$95 until July 31
 - Short Series \$115 (August 1-August 6)
 - Long Series 10K, 15K, Half: \$115 (August 1-August 6)
 - YMCA Member
 - Yes
 - No

Name (please print) _____ email: _____

Address _____ City _____ State _____ Zip _____

Daytime Phone (____) _____ Visa MasterCard Acct.# _____

Date of Birth ____/____/____ Age _____ Signature (if paying by credit card) _____

Exp. Date _____

WALKER. PLEASE READ CAREFULLY. THIS DOCUMENT EFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING BY SELECTING YES TO THIS AGREEMENT. YOU ARE RELINQUISHING THE YOUNG MEN'S CHRISTIAN ASSOCIATION OF SOUTHWESTERN INDIANA, INC. ("YMCA") FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFORE ASSUMPTION OF RISK I ACKNOWLEDGE AND AGREE THAT ANY USE OF YMCA FACILITIES, SERVICES, EQUIPMENT AND PREMISES ("FACILITIES") AND ANY PARTICIPATION IN YMCA PROGRAMS AND ACTIVITIES ("PROGRAMS") COMES WITH INHERENT RISKS INCLUDING, BUT NOT LIMITED TO: (1) PERSONAL INJURY, (2) PROPERTY DAMAGE, (3) DISABILITY, (4) DEATH, AND (5) SICKNESS OR DISEASE. I VOLUNTARILY ACCEPT AND ASSUME FULL RESPONSIBILITY FOR THESE RISKS AS WELL AS ANY AND ALL OTHER RISKS OF THE USE OF FACILITIES AND PARTICIPATION IN PROGRAMS. I AGREE THAT I HAVE FULL KNOWLEDGE OF THE NATURE AND EXTENT OF ALL SUCH RISKS AND AM NOT RELYING ON ALL SUCH RISKS BEING SPECIFICALLY DESCRIBED IN THIS DOCUMENT. WAIVER, RELEASE, INDEMNIFICATION & COVENANT NOT TO SUE IN CONSIDERATION OF THE USE OF FACILITIES AND PARTICIPATION IN PROGRAMS, I, THE UNDERSIGNED, AGREE THAT YMCA, ITS OFFICERS, DIRECTORS, AGENTS, EMPLOYEES, VOLUNTEERS, INSURERS AND REPRESENTATIVES ("RELEASEES") SHALL NOT BE LIABLE FOR ANY PERSONAL INJURY, PROPERTY DAMAGE, DISABILITY, DEATH, SICKNESS OR DISEASE AND/OR WITHIN AN EPIDEMIC/PANDEMIC ENVIRONMENT, AS DETERMINED BY FEDERAL, STATE, AND LOCAL HEALTH AUTHORITIES -- BY MYSELF, MY FAMILY MEMBERS, DEPENDENTS, OR GUESTS, INCLUDING MINORS, HOWEVER OCCURRING INCLUDING, BUT NOT LIMITED TO THE NEGLIGENCE OF RELEASEES. I UNDERSTAND THAT I WILL BE SOLELY RESPONSIBLE FOR ANY LOSS OR DAMAGE, INCLUDING PERSONAL INJURY, PROPERTY DAMAGE, DISABILITY, DEATH, SICKNESS OR DISEASE SUSTAINED FROM THE USE OF FACILITIES AND PARTICIPATION IN PROGRAMS. I FURTHER AGREE, ON BEHALF OF MYSELF AND ANY AND ALL LEGAL SUCCESSORS AND PROXIES, TO RELEASE AND HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE RELEASEES FROM ANY CAUSES OF ACTION, CLAIMS, SUITS, LIABILITIES OR DEMANDS OF ANY NATURE WHATSOEVER INCLUDING, BUT NOT LIMITED TO, CLAIMS OF NEGLIGENCE, WHICH I AND ANY AND ALL LEGAL SUCCESSORS AND PROXIES MAY HAVE, NOW OR IN THE FUTURE, AGAINST RELEASEES ON ACCOUNT OF PERSONAL INJURY, PROPERTY DAMAGE, DISABILITY, DEATH, SICKNESS, DISEASES OR ACCIDENT OF ANY KIND, ARISING OUT OF OR IN ANY WAY RELATED TO THE USE OF FACILITIES OR PARTICIPATION IN PROGRAMS, WHETHER THAT PARTICIPATION IS SUPERVISED OR UNSUPERVISED, HOWEVER THE INJURY OR DAMAGE OCCURS, INCLUDING, BUT NOT LIMITED TO THE NEGLIGENCE OF RELEASEES. IN FURTHER CONSIDERATION OF THE USE OF FACILITIES AND PARTICIPATION IN PROGRAMS, I AGREE TO INDEMNIFY, DEFEND AND HOLD HARMLESS RELEASEES FROM ANY AND ALL CAUSES OF ACTION, CLAIMS, DEMANDS, LOSSES, SUITS, LIABILITIES OR COSTS OF ANY NATURE WHATSOEVER, INCLUDING CLAIMS OF NEGLIGENCE, ARISING OUT OF OR IN ANY WAY RELATED TO THE USE OF FACILITIES AND PARTICIPATION IN PROGRAMS BY MYSELF, MY FAMILY MEMBERS, DEPENDENTS OR GUESTS, INCLUDING ANY MINORS.