

**YMCA of Southwestern Indiana**  
**2009 Evansville Half Marathon Team 13 Training Routes from Vectren**

[Mileage is approximate and may vary by type of GPS device utilized while on-route]

| Route  | A - 3 miles  | Mileage        |            |
|--|--|----------------|------------|
|  |  | Point to Point | Cumulative |
| <b>Week 1 - 7/16/09 and Week 3 - 7/30/09</b> | <b>3 - 1</b> Exit lot L on Vine  | -              | -          |
|  | STR on Vine to R on 4th  | 0.3            | 0.3        |
|  | STR on 4th/Parrett to R on Washington  | 0.6            | 0.9        |
|  | STR on Washington to L on 2nd to R on Adams/Shawnee                              | 0.1            | 1.0        |
|  | STR on Adams/Shawnee to Veterans Memorial Parkway, R on Greenway                 | 0.3            | 1.3        |
|  | STR on GW to R on 2nd  | 1.3            | 2.6        |
|  | STR on 2nd to R on Sycamore  | 0.5            | 3.1        |
|  | STR on Sycamore to R on 1st to Vectren   | 0.1            | 3.2        |
|  | <b>B - 3 miles</b>   |                |            |
|  |  |                |            |
|  | Exit lot L on Vine   | -              | -          |
|  | STR on Vine to R on 10th to R on Sycamore and then L on 9th (behind post office) | 0.5            | 0.5        |
|  | STR on 9th to R on Chestnut  | 0.3            | 0.8        |
|  | STR on Chestnut to L on 6th  | 0.2            | 1.0        |
|  | STR on 6th to R on Washington  | 0.8            | 1.8        |
|  | STR on Washington to R on Parrett/4th  | 0.1            | 1.9        |
|  | STR on Parrett/4th to L on Sycamore  | 0.9            | 2.8        |
|  | STR on Sycamore to R on 1st to Vectren   | 0.2            | 3.0        |

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|   |  | <b>Mileage</b> |            |
|---|--|----------------|------------|
|   |  | Point to Point | Cumulative |
| <b>A - 3 miles (only one as GW is too narrow)</b> |  |                |            |
| <b>3 - 2</b>                                      | Exit lot L on Court, crossing over Riverside Drive to R on GW          | -              | -          |
|   | STR on GW to Ohio/2nd, crossing over continuing on GW to L on Franklin | 1.0            | 1.0        |
|   | STR on Franklin to 11th Avenue, cross street                           | 0.5            | 1.5        |
|   | Turn around at 11th and return same route back to Vectren              | 1.5            | 3.0        |
|   |  | <b>Mileage</b> |            |
| <b>B - 3 miles</b>                                |  | Point to Point | Cumulative |
| <b>Week 2 - 7/23/09</b>                           | Exit lot crossing Vine onto 1st  | 0.2            | 0.2        |
|   | STR on 1st to R on Main crossing Veterans MP and L on GW               | 0.7            | 0.9        |
|   | STR on GW to Kids Kingdom, complete one loop around perimeter of park  | 0.3            | 1.2        |
|   | Exit park R crossing Veterans MP onto Adams/Shawnee                    | -              | 1.2        |
|   | STR on Adams/Shawnee to L on 2nd then R on Washington                  | 0.3            | 1.5        |
|   | L on Parrett/4th to R on Mulberry                                      | 0.4            | 1.9        |
|   | STR on Mulberry to L on 6th  | 0.2            | 2.1        |
|   | STR on 6th to L on Court   | 0.6            | 2.7        |
|   | STR on Court back to Vectren   | 0.4            | 3.1        |

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| Route                                  | A - 4 miles   | Mileage        |                |            |
|--|---|----------------|----------------|------------|
|  |   | Point to Point | Cumulative     |            |
| 4 - 1                                  | Exit lot crossing Vine to STR on 1st  | 0.1            | 0.1            |            |
|  | L on Main to R on 6th   | 0.4            | 0.5            |            |
|  | STR on 6th to R Washington  | 0.8            | 1.3            |            |
|  | STR on Washington to L on 2nd and then R on Adams/Shawnee (quick turns)         | 0.2            | 1.5            |            |
|  | STR on Adams/Shawnee to Veterans Memorial Parkway, cross and enter Kids Kingdom | 0.3            | 1.8            |            |
|  | 1 loop around KK, outside perimeter, exiting to Greenway                        | 0.3            | 2.1            |            |
|  | STR on Greenway to R on 2nd/Ohio  | 1.3            | 3.4            |            |
|  | STR on 2nd to R on Sycamore to Vectren  | 0.6            | 4.0            |            |
| Week 4 - 8/6/09; Week 7 - 8/27/09      | <b>B - 4 miles</b>  |                | Mileage        |            |
|  |   |                | Point to Point | Cumulative |
|  | Exit lot L on Vine  | -              |                |            |
|  | STR on Vine to R on 3rd   | 0.2            |                |            |
|  | STR 3rd, at Y in road go L/U-turn on Parrett/4th                                | 0.7            | 0.9            |            |
|  | STR on Parrett/4th to R on Mulberry/Bellemeade                                  | 0.2            | 1.1            |            |
|  | STR on Mulberry/Bellemeade to L on Morton                                       | 0.7            | 1.8            |            |
|  | STR on Morton to R on Lincoln to R on Evans to R on Mulberry/Bellemeade         | 0.4            | 2.2            |            |
|  | STR on Mulberry/Bellemeade to L on Parrett/4th                                  | 0.7            | 2.9            |            |
|  | STR on Parrett/4th at Y in road go R/U-turn on 3rd                              | 0.2            | 3.1            |            |
| STR on 3rd to L on Sycamore            | 0.7   | 3.8            |                |            |
| STR on Sycamore to R on 1st to Vectren | 0.2   | 4.0            |                |            |

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| Route                                    | A - 4 miles        | Mileage   |            |     |
|--|--------------------|---|------------|-----|
|  |                    | Point to Point  | Cumulative |     |
| <b>Week 5 - 8/13/09; Week 8 - 9/3/09</b> | 4 - 2              | Exit lot L on Vine to R on 6th  | 0.4        | 0.4 |
|  |                    | STR on 6th to R Washington  | 0.8        | 1.3 |
|  |                    | STR on Washington to L on 2nd   | 0.2        | 1.4 |
|  |                    | STR on 2nd to R on Howard to R on Riverside                             | 0.6        | 2.0 |
|  |                    | STR on Riverside to L on Adams/Shawnee                                  | 0.6        | 2.5 |
|  |                    | STR on Adams/Shawnee, crossing Veterans MP and into Kids Kingdom        | 0.1        | 2.7 |
|  |                    | 1 loop around KK, outside perimeter, exiting to Greenway                | 0.4        | 3.0 |
|  |                    | STR on GW to R on Court to Vectren                                      | 0.9        | 4.0 |
|  | <b>B - 4 miles</b> |   |            |     |
|  |                    | Exit lot crossing Vine onto 1st   | -          | -   |
|  |                    | STR on 1st to R on Main crossing onto the GW                            | 0.2        | 0.2 |
|  |                    | R on GW to Ohio/2nd, crossing over continuing on GW to L on Franklin    | 1.2        | 1.4 |
|  |                    | STR on Franklin to 12th   | 0.6        | 2.0 |
|  |                    | Cross street, turn around at 12th and return same route back to Vectren | 2.0        | 4.0 |

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|   |   | <b>Mileage</b> |            |
|---|---|----------------|------------|
| <b>Route</b>                              | <b>A and B</b>  | Point to Point | Cumulative |
| <b>Week 6 - 8/20/09; Week 9 - 9/10/09</b> | 4 - 3 Exit lot L on Vine to R on 4th                      | 0.3            | 0.3        |
|   | STR on 4th to L on Mulberry/Bellemeade                    | 0.5            | 0.8        |
|   | STR on Mulberry to L on Morton (Bellemeade Park)          | 0.7            | 1.5        |
|   | STR on Morton to R on Lincoln to R on Evans (around Park) | 0.4            | 1.8        |
|   | STR on Evans to R on Gum                                  | 0.1            | 1.9        |
|   | STR on Gum to L on 8th                                    | 0.6            | 2.5        |
|   | STR on 8th to R on Washington                             | 0.3            | 2.8        |
|   | STR on Washington to L on 2nd                             | 0.2            | 3.0        |
|   | STR on 2nd to R on Adams/Shawnee                          | 0.1            | 3.1        |
|   | STR on Adams/Shawnee crossing Veterans MP and onto GW     | 0.3            | 3.4        |
|   | STR on GW to R on Court to Vectren                        | 0.9            | 4.3        |

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| Route   | A & B | Mileage  |            |     |
|---|-------|--|------------|-----|
|   |       | Point to Point   | Cumulative |     |
| <b>Week 7 - 8/27/09; Week 9 - 9/10/09;<br/>           Week 11 - 9/24/09</b> | 5 - 1 | Exit lot L on Vine to North Main Street                                  | 0.8        | 0.8 |
|   |       | STR under Lloyd overpass on North Main to L on IN (after McDs)           | 0.1        | 0.9 |
|   |       | STR on IN to R on Read   | 0.3        | 1.2 |
|   |       | STR on Read (when crossing Columbia road slightly offset to R) to Morgan | 1.0        | 2.2 |
|   |       | R on Morgan to L on North Main into Garvin Park                          | 0.4        | 2.5 |
|   |       | Take small loop (travelling L against traffic) around lake               | 0.6        | 3.1 |
|   |       | Exit park via North Main   | 0.3        | 3.4 |
|   |       | STR on N Main to Sycamore (left leg of Y once under Lloyd overpass)      | 1.1        | 4.5 |
|   |       | STR on Sycamore to R on 1st to Vectren                                   | 0.8        | 5.3 |

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| Route   | A - 5 miles  | Mileage        |                |
|---|--|----------------|----------------|
|   |  | Point to Point | Cumulative     |
| 5 - 2   | Exit lot crossing Vine onto 1st  | -              | -              |
|   | STR on 1st to R on Main crossing onto the GW                                     | 0.2            | 0.2            |
|   | R on GW to Ohio/2nd, crossing over continuing on GW to L on Franklin             | 1.2            | 1.4            |
|   | STR on Franklin to St. Joe   | 0.7            | 2.1            |
|   | Cross St. Joe STR on Franklin taking L at 3 way stop continuing on Franklin to T | 0.5            | 2.6            |
|   | L on Barker cross over Lloyd, L on Pennsylvania                                  | 0.2            | 2.8            |
|   | STR on Pennsylvania utilizing cross walk over Lloyd                              |                | 2.8            |
|   | Cut through parking lot to return to St Joe                                      | 0.6            | 3.4            |
|   | R on Franklin returning to Vectren the same route                                | 2.1            | 5.5            |
|   | <b>B - 5 miles</b>   |                | <b>Mileage</b> |
|   |  | Point to Point | Cumulative     |
| Week 8 - 9/3/09; Week 10 - 9/17/09; Week 12 - 10/1/09 | Exit lot L on Vine to R on 6th   | 0.4            | 0.4            |
|   | STR on 6th to R Washington   | 0.8            | 1.3            |
|   | STR on Washington to L on 2nd  | 0.2            | 1.4            |
|   | STR on 2nd to R on Howard to R on Riverside                                      | 0.6            | 2.0            |
|   | STR on Riverside to L on Adams/Shawnee   | 0.6            | 2.5            |
|   | STR on Adams/Shawnee, crossing Veterans MP and into Kids Kingdom                 | 0.1            | 2.7            |
|   | 1 loop around KK, outside perimeter, exiting to Greenway                         | 0.4            | 3.0            |
|   | STR on GW to R on 2nd  | 1.3            | 4.3            |
|   | STR on 2nd to R on Sycamore  | 0.6            | 4.9            |
|   | STR on Sycamore to R on 1st returning to Vectren                                 | 0.1            | 5.0            |

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| Route                                | A - 6 miles   | Mileage        |            |
|--------------------------------------|---|----------------|------------|
|                                      |   | Point to Point | Cumulative |
| 6 - 1                                | Exit lot L on Vine to North Main Street   | 0.8            | 0.8        |
|                                      | STR under Lloyd overpass on North Main to L on IN (after McDs)                            | 0.1            | 0.9        |
|                                      | STR on IN to R on Read  | 0.3            | 1.2        |
|                                      | STR on Read (when crossing Columbia road slightly offset to R) to Morgan                  | 1.0            | 2.2        |
|                                      | R on Morgan to L on North Main into Garvin Park   | 0.4            | 2.5        |
|                                      | Take small loop (travelling L against traffic) around lake                                | 0.6            | 3.1        |
|                                      | Repeat taking large loop (travelling L against traffic) around park perimeter             | 0.9            | 4.0        |
|                                      | Exit park via North Main  | 0.3            | 4.3        |
|                                      | STR on N Main to Sycamore (left leg of Y once under Lloyd overpass)                       | 1.1            | 5.4        |
|                                      | STR on Sycamore to R on 1st to Vectren  | 0.8            | 6.2        |
| <b>B - 6 miles</b>                   |   | <b>Mileage</b> |            |
|                                      |   | Point to Point | Cumulative |
| OPTIONAL FOR FINAL WEEKS OF TRAINING | Exit lot L on Vine to R on 6th  | 0.4            | 0.4        |
|                                      | STR on 6th to R on Main   | 0.1            | 0.5        |
|                                      | STR on Main crossing on GW, R on GW   | 0.4            | 0.9        |
|                                      | STR on GW to Ohio/2nd, crossing over continuing on GW to L on Franklin                    | 1.2            | 2.1        |
|                                      | STR on Franklin to St. Joe  | 0.7            | 2.8        |
|                                      | Cross St. Joe STR on Franklin taking L at 3 way stop continuing on Franklin to T          | 0.5            | 3.3        |
|                                      | L on Barker cross over Lloyd, L on Pennsylvania   | 0.2            | 3.5        |
|                                      | STR on Pennsylvania utilizing cross walk over Lloyd                                       |                | 3.5        |
|                                      | Cut through parking lot to return to St Joe   | 0.6            | 4.1        |
|                                      | R on Franklin returning to Vectren via same route, except L at Court/GW back into Vectren | 1.7            | 5.8        |

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